



SuperSensory Space Program



1 in 5 Oregon children have a challenge that interferes with learning or behavior, **including dyslexia, ADHD, autism and trauma.**

The Shadow Project supports student mental health needs with social-emotional programming that strengthens well-being and success.

Shadow Project’s SuperSensory Spaces

give K-8 students access to social-emotional supports that reduce the impact of trauma and anxiety, so they can engage in learning. This **strengths-based approach** teaches life-long skills of self-management, calm and focus, reducing classroom disruptions and disciplinary referrals.

School & District-Wide Implementation

Administrators partner with us to **proactively address student behavior challenges, reduce exclusionary discipline,** and promote **social-emotional learning.**

SuperSensory Spaces +Trauma-Informed Training = Resilient Youth



SuperSensory Literacy Spaces are multisensory libraries equipped with therapeutic seating, sensory tools and books for diverse learners. Reading difficulty affects the majority of students with disabilities and can lead to anxiety and depression. Here, students find calm and focus, building their reading and critical thinking skills as they work at their own pace and develop confidence to persevere.



SuperSensory Movement Spaces are supportive, structured environments with equipment designed to teach self regulation. Through large motor activity, students develop self awareness of emotions and practice healthy responses to stress. Supported by Shadow-trained staff, students identify and manage emotions, the building blocks for good mental health.

Evaluation Findings: Stronger Skills for Student Success

78% Reduce time spent highly disregulated

73% Increase self regulation skills

64% Increase reading time

52% Demonstrate a stronger sense of belonging in school

39% Of students who were chronically absent improve attendance

90% Of teachers report they spend less time managing disruptive student behavior

“Teachers are thrilled to have Sensory Spaces available as tools to help students cope with stress and trauma.”

—**Denise Wright**, Director of Student Services, Centennial School District

“Our students use Shadow Project tools to self-regulate. This program empowers kids to help themselves so they can get back to learning.”

—**Katherine Polizos** Principal, Woodmere Elementary



In kindergarten Decan was suspended weekly for outbursts that disrupted the classroom. With daily breaks in his school’s **Sensory Movement Space**, the 1st grader became a confident, engaged student who is a leader during math work.

Program Components

- **SuperSensory Spaces** equipment, installation, maintenance, and movement courses with student visual cues
- **Trauma-informed, culturally responsive training for educators** to systematize proactive and strengths-based responses to student behavior and integrate space into the districts’ existing social-emotional and mental health support programs
- **Implementation management & protocols for student use**, including multilingual signage and directions to guide student use
- **Student check-in system** to measure space usage and promote social-emotional skills development
- **Year round maintenance of materials** and ongoing educator support
- **Independent program evaluation** to show accountability and demonstrate impact

SuperSensory Space equipment & materials are owned by the school upon installation. Shadow Project recommends a two-year commitment to staff training, to ensure full integration into school systems and program sustainability.