



**1 in 5** Oregon children have a challenge that interferes with learning or behavior, **including dyslexia, ADHD, autism and trauma.**

The Shadow Project supports student mental health needs with social-emotional programming that strengthens well-being and success.

## SuperSensory Space Program

### Shadow Project's SuperSensory Spaces

give K-8 students access to social-emotional supports that reduce the impact of trauma and anxiety, so they can engage in learning. This **strengths-based approach** teaches life-long skills of self-management, calm and focus, and reduces classroom disruptions and disciplinary referrals.

### School & District-Wide Implementation

Administrators partner with us to **proactively address student behavior challenges, reduce exclusionary discipline** and promote **social-emotional learning**.

**SuperSensory Spaces + Trauma-Informed Training =  
*Resilient Youth***



**SuperSensory Movement Spaces** are supportive, structured learning environments designed to teach self-regulation. Through large motor and small motor activity, students develop self-awareness of emotions and practice healthy responses to stress. Supported by Shadow-trained staff, students identify and manage emotions, the building blocks for good mental health. Educator training helps teachers & staff learn to recognize challenging student behavior as a response to stress and respond with coaching rather than discipline. We help school leadership integrate Spaces into existing social-emotional learning initiatives and student support systems, ensuring systemic implementation and program longevity.

## Evaluation Findings: Stronger Skills for Student Success

**78%** Reduce time spent highly dysregulated

**73%** Increase self-regulation skills

**64%** Increase reading time

**52%** Demonstrate a stronger sense of belonging in school

**39%** Of students who were chronically absent improve attendance

**90%** Of teachers report they spend less time managing disruptive student behavior

“Teachers are thrilled to have Sensory Spaces available as tools to help students cope with stress and trauma.”

—**Denise Wright**, Director of Student Services, Centennial School District

“Our students use Shadow Project tools to self-regulate. This program empowers kids to help themselves so they can get back to learning.”

—**Katherine Polizos**, Principal, Woodmere Elementary



In kindergarten, Decan was suspended weekly for outbursts that disrupted the classroom. With daily breaks in his school's **Sensory Movement Space**, the 1<sup>st</sup> grader became a confident, engaged student who is a leader during math work.

## Program Components

- **SuperSensory Spaces** equipment, installation, maintenance, and movement courses with student visual cues
- **Trauma-informed, culturally responsive training for educators** to systematize proactive and strengths-based responses to student behavior and integrate space into the districts' existing social-emotional and mental health support programs
- **Implementation management & protocols for student use**, including multilingual signage and directions to guide student use
- **Student check-in system** to measure space usage and promote social-emotional skills development
- **Year round maintenance of materials** and ongoing educator support
- **Independent program evaluation** to show accountability and demonstrate impact

*SuperSensory Space equipment & materials are owned by the school upon installation. Shadow Project recommends a two-year commitment to staff training, to ensure full integration into school systems and program sustainability.*