



After introducing The Shadow Project, my students are more likely to reflect on behaviors related to learning [and] have concrete ways to connect learning success with their hard work.
— Beth Brod, Teacher

The Shadow Project

Goal Setting Program

Student Resilience

We equip special education teachers, staff, and school administrators with a structured social emotional support program filled with powerful tools and techniques that harness students' internal motivation, maintain high expectations and cultivate proud, persistent learners.

Student Engagement

Goal Setting teaches kids to face challenges with a "What is strong?" approach instead of "What is wrong?" By helping them focus on the process of learning and not just the outcomes, Goal Setting builds executive function skills, confidence, and motivation, helping special education students stay actively engaged with their learning.

Classroom Outcomes

- **93% of teachers** say the program supports student persistence towards achieving learning goals.
- **86% of teachers** report that Goal Setting helps them create a more culturally-responsive classroom.

Student Success

71% of students improve abilities to achieve IEP goals.

71% of students improve self-regulation skills.

65% of students demonstrate increased motivation to learn.

64% of students increase abilities in responsible decision-making.

Partnerships

The Shadow Project works to close the opportunity gap for elementary and middle school students whose learning challenges include dyslexia, ADHD, autism, sensory, and mental health concerns. We partner with 60+ schools and numerous organizations in Oregon to transform education for neurodivergent learners.

The Shadow Project has provided teachers with resources to help unleash the potential of over 17,000 K-8 students since 2003.

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School Partners Provide

- **De-identified demographic data** to help us understand your student population and evaluate impact.
- **Collaboration** with teachers, administrators, counselors, and staff.
- **Written feedback** from teachers through an impact survey in May.

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The Goal Setting program shifted the students' perspective of their behavior from rules that were imposed on them to something they were personally responsible for.

—Teacher

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The Shadow Project Provides

- **Downloadable library of Goal Setting program materials**, customized by grade and skill level.
- **Educator training** focused on positive academic behaviors and engagement for neurodivergent students.
- **Online Shadow Store** stocked with high-quality sensory tools, multicultural books, and school supplies to recognize and celebrate growth of student confidence, motivation, and persistence.
- **Free shipping** of materials to educators.
- **Parent and family resources** in multiple languages to encourage continuity of progress at home.
- **Program evaluation** to show accountability and demonstrate impact.
- **Available statewide** with responsive support for schools outside the Portland Metro area.

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Visit **shadow-project.org**
call **971-373-3457** or email
sharon@shadow-project.org
to learn more about our
three programs:
Goal Setting,
Reading Mentors, and
SuperSensory Spaces.

