The Shadow Project

Goal Setting Program



Increase Student Persistence and Engagement

By helping students focus on the **process of learning** and not just the outcomes, Goal Setting builds confidence, perseverance, and executive function skills. Our personalized, proactive approach celebrates learning differences and motivates students to be more actively engaged with their education.

Proven Student Success

Over 75% of students improve
- establishing routines, following instructions, and engaging in classwork

72% of students improve their
- ability to adapt to changing situations and expectations

More than 68% of students improve
- self-regulating behavior

*"Goal Setting provides students with the **structural support** they need to accomplish tasks during the day and a **tangible return** for their efforts in learning productive ways to manage their time."*

- Partner Educator

The Shadow Project equips special education teachers, school counselors, administrators, and specialists with **a structured social emotional support program** filled with powerful tools and techniques that harness students' internal motivation, maintain high expectations and cultivate proud, resilient learners.

Goal Setting Program



*"I just recently started [using Goal Setting] and **it's wild** how the sheets and setting goals improved student motivation."*

- Partner Educator

Goal Setting teaches kids to face challenges with a "What is strong?" approach instead of *"What is wrong?"*

Shadow Project Provides:

- Neuroinclusive educator training
- Grade- and skill-specific Goal Setting materials
- Online Shadow Store with sensory tools, multicultural books, student incentives, and delivery to school
- Multilingual family home resources
- Program evaluation and impact reporting
- **No cost for school partners**

School Partners Provide:

- Participation in online orientation
- Collaboration with teachers, administrators, counselors, and staff
- Impact survey responses & feedback
- Demographic data



Partner with Us

Visit shadow-project.org, call 503-208-4614, or email wendy@shadow-project.org to learn more about our programs.

Goal Setting • Reading Mentors • SuperSensory Spaces

Since 2003, The Shadow Project has partnered with hundreds of schools and community organizations in Oregon and SW Washington to close the opportunity gap for K–8 students with learning challenges—supporting more than 26,000 students through transformative, neuroinclusive education.

The Shadow Project

CHANGING LIVES FOR CHILDREN WITH LEARNING CHALLENGES